



## Hats Off for Helmets 2021

New Jersey had one of the snowiest winters this year. Skiers and snowboarders took to the slopes to get outside and enjoy time with family and friends.

Our Hats off for Helmets Logo Campaign did not take the season off even with the hybrid school schedule many students had.

Below are 4 of our entries that received lift tickets from Mountain Creek. Congratulations to all!



Name: Anthony Prestia  
 Grade: Freshman  
 School: Morris Hills High School



Name: Sarthak Katyal  
 Grade: 12  
 School: Morris Catholic High School



Name: Jessica Gordimer  
 Grade: 11th grade  
 School: Morris Hills High School



Name: Valerie Sorrentino  
 Grade: 10th  
 School: Morris Catholic HS

### Are you opening your backyard pool soon? Check out these Safety Tips



#### Pool Safety Checklist

##### TIPS FOR PARENTS

- Watch kids when they are in or around water, without being distracted.** Keep young children within arm's reach of an adult. Make sure older children swim with a partner every time.
- Teach children how to swim.** Every child is different, so enroll children in swim lessons when they are ready. Consider their age, development and how often they are around water.
- Make sure kids know how to swim and learn these five water survival skills:**
  1. Step or jump into water over their head and return to the surface.
  2. Float or tread water for one minute.
  3. Turn around in a full circle and find an exit.
  4. Swim 25 yards to exit the water.
  5. Exit the water. If in a pool, be able to exit without using the ladder.
- Install fences around home pools.** A pool fence should surround all sides of the pool and be at least four feet tall with self-closing and self-latching gates.
- Empty kids' pools after each use.** Store them upside down so they do not collect water.
- Know what to do in an emergency.** Learning CPR and basic water rescue skills may help you save a child's life.



### Buckle Up Northern NJ

With the start of the summer travel season just around the corner, the Division of Highway Traffic Safety and law enforcement agencies throughout state are preparing to join in the launch of a nationwide campaign aimed at getting drivers and passengers across the country to buckle up for safety.

From May 17th through June 6th, New Jersey officers will be out in full force as part of the annual "Click It or Ticket" seatbelt enforcement mobilization to emphasize the life-saving value of seat belts.

Now in its 16th year, New Jersey's Click It or Ticket campaign uses high visibility seat belt checkpoints and saturation patrols, in combination with local and national publicity efforts, to reinforce the message that motorist should buckle up during every trip.

Crash statistics show that from 2013 through 2017, seat belt use saved more than 69,000 lives nationally, more than 1,000 of them in New Jersey.

Experts say wearing a seatbelt reduces a vehicle occupant's risk of fatal injury by 45% and critical injury by 50%.

Buckle Up NJ!



# SAFE KIDS WEEK



Safe Kids Week, May 2-8, 2021, is our annual awareness initiative to celebrate kids, prevent injuries and save lives. We ask parents to take the time to take the necessary steps to keep their kids safe.

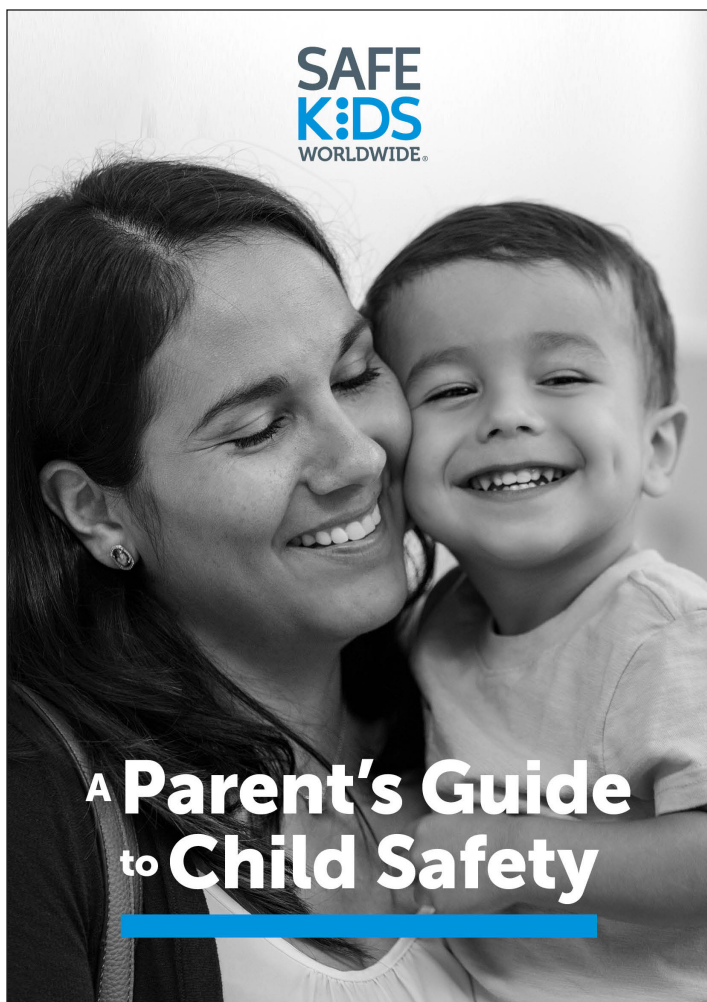
You can use this opportunity to focus on the risk areas that are important in you. Follow us on Facebook and Instagram or on our website to find the best practice guidelines that are available.

## Parents Guide to Childrens Safety

From the moment we welcome a child into our lives, we know we'll do anything to keep them safe and healthy. This guide has proven advice and top tips from safety experts to help families reduce risks, prevent injuries and keep kids safe at home, at play and on the road.

Use think link to download a copy of the booklet or contact KJ Feury at [kjsafekidsnj@gmail.com](mailto:kjsafekidsnj@gmail.com) for a hard copy to be sent to your home.

[https://www.safekids.org/sites/default/files/a\\_parents\\_guide\\_to\\_child\\_safety.pdf](https://www.safekids.org/sites/default/files/a_parents_guide_to_child_safety.pdf)



## We Have Moved from Dorsa Ave!

Starting on May 5th, visit us every WEDNESDAY from 9-3pm at Mt. Tabor Fire House at 72 S Powder Mill Rd, Morris Plains, NJ



## Bike Safety

Strap on your helmet and lace up your shoes. National Bike to School Day is May 5, 2021. Take the time to bike or walk to school with your children. It is a great way to start the day.

### Bike Safety Rules of the Road

1. Wear a helmet
2. Obey all traffic signs and signals
3. Make sure your bike has a horn as well as front and rear lights
5. Wear Bright, visible and reflective clothing

Prevention Works is the official biannual newsletter of Northern NJ SAFE KIDS/Safe Communities. We welcome articles of interest highlighting your community or organization. Let us know how you have made your community a safe community. If you have any comments or topics you would like to see covered, please feel free to contact Karen Jean Feury, RN Phone: 973-971-4327 Fax: 973-290-7350 email: [karenjean.feury@atlantichealth.org](mailto:karenjean.feury@atlantichealth.org).