

What Parents and Caregivers Need to Know About Hyperthermia or Heat Stroke



Did you know that a child's body heats up 3 to 5 times faster than an adult's? It only takes a few short minutes before a kid can become dangerously overheated.

Every year, more than 30 children die because they are left alone in a car. In just 10 minutes a car's temperature can increase by 19 degrees and it continues to rise as time goes on. There is no evidence that cracking the windows helps keep a car cool. In fact, sunshine coming through car windows makes the car work like an oven.

Make it a point to never leave your child alone in a car, even for one minute. We know that it seems like an innocent act to leave a child in a back seat while you make a quick run into a store to pick up a few things; however, this is dangerous because it only takes a few minutes to put your child at risk.

Make it a habit to check the back seat every time you exit and remember to Never Leave Your Child Alone in a Car.



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