

1.35 Million

Number of children seen in emergency departments with sports-related injuries in 2012²



Common Injuries²

- Head 14%
- Face 7%
- Finger 12%
- Knee 9%
- Ankle 15%



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Girls are eight times more likely to have an ACL injury than boys.³

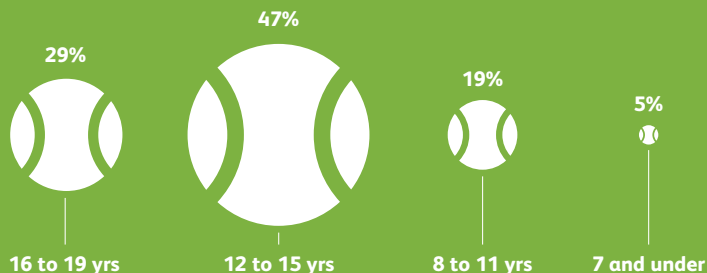


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Every 3 minutes, a child is seen in an ED for a sports-related concussion.²

47%

Almost half of youth sports-related concussions occur in children ages 12 to 15 years old.² Younger children take longer to recover from concussions than older children.⁶



Common Diagnoses

Most common diagnoses seen in emergency departments for sports-related injuries²

Strains and sprains
451,480



Fractures
249,500



Contusions and abrasions
210,640



Concussions
163,670



Injuries by Sport

For athletes ages 12 to 17 years, 2011^{1,2}

Sport	Number of players	Number of injuries	% of injuries that are concussions
Basketball	26,095,000	249,650	7%
Soccer	13,941,000	104,190	13%
Baseball	12,292,000	61,510	11%
Softball	10,383,000	39,070	11%
Volleyball	10,075,000	31,460	6%
Football	9,034,000	275,050	13%
Wrestling	3,217,000	33,790	14%
Cheerleading	3,053,000	28,890	12%
Ice hockey	2,996,000	9,540	31%

To learn more about youth sports safety, visit www.safekids.org

